

## General Health

**Health Direct** 1800 022 222  
24 hour health advice  
(talk to a registered nurse)

## Information Services

### Department of Agriculture and Food

Local office 1300 725 572  
Rural Business Development 1800 198 231

**Commonwealth Respite and Carelink Centre** 1800 200 422  
Community aged care, disability and other support service information

**Department for Child Protection**  
(free call country) 1800 622 258  
TTY (08) 9325 1232

**Disability Services Commission**  
General enquiries (free call country) 1800 998 214  
TTY (08) 9426 9315

**Parenting WA** (country callers) 1800 654 432  
(24 hour service (diverts to Crisis Care after 5.00 pm))  
Information, support and referral service

**Women's Information Service** 1800 199 174

**Men's Advisory Network** (08) 9218 8044  
Health, well-being and other issues

**Men's Health — Midwest** (08) 9921 8512  
(Geraldton)

**Men's Resource Centre** (08) 9841 4777  
(Albany)

**Regional Men's Health** (08) 9690 2277  
Support and education for the whole of rural and regional WA

## Emergencies

**Police, Fire, Ambulance** 000

**Police** 131 444  
(Police Assistance nearest station)

**Local Police** - (please refer to telephone directory)

**Crime Stoppers** 1800 333 000

**FESA** (emergency information) 1300 657 209

**Poisons Information Centre** 13 11 26

24 hour service—seven days a week

8:00 am to 10:00 pm each day  
(outside of these hours the calls will be automatically forwarded to the NSW Poisons Information Centre)

- \* Help for children and adults (limited advice for animals)
- \* Inquiries regarding—any ingestion, inhalation, skin & eyes, bites & injected substances, drugs, medications and prescriptions

YOUR DOCTOR \_\_\_\_\_

LOCAL HOSPITAL \_\_\_\_\_

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For further information contact Liz Cox  
Email: [liz.cox@agric.wa.gov.au](mailto:liz.cox@agric.wa.gov.au), Telephone: 9690 2189

Note: TTY refers to a telephone service for the hearing impaired



## CONTACT NUMBERS FOR SUPPORT AND ASSISTANCE



## Northern, Central and Southern Regions

## Health, Financial and Information Support Directory

Updated 17 July 2012

# Northern, Central and Southern Regions Health, Financial & Information Services Support Directory

## 24 Hour Support

**Crisis Care** 1800 199 008

(Country free call)

TTY (08) 9325 1232

**Mensline Australia** 1300 789 978

Offers information support and referral

**Lifeline** 13 11 14

Provides access to crisis support, suicide prevention and mental health support services

**Kids Helpline** 1800 551 800

(for ages 5-25)

**Family Helpline** 1800 643 000

(Country free call)

Counselling and information service for families

**Samaritans** 1800 198 313

(Country free call)

When crisis calls, call the Samaritans

**National Sexual Assault, Family & Domestic Violence** 1800 737 732

TTY 133 677

**Men's Domestic Violence Helpline** 1800 000 599

Non-judgment phone line for men

**Women's Domestic Violence Helpline** 1800 007 339

Support and counselling for women experiencing domestic violence

*NOTE: At certain times delays may be experienced when waiting for your call to be answered, i.e. recorded message before going to an operator. There also may be an instance where you go to a message bank if the line is already in use, but the operator will return your call as soon as possible. Remember to leave your name and contact phone number.*

## Financial Support Services

**Centrelink** (Department of Human Services)

**Rural Call Centre** (Income support programs for farmers and rural small businesses) 132 316

**Financial Information Services** 132 300

TTY 1800 810 586

**Rural Financial Counselling Services of WA** 1800 612 004

## Counselling & Support

**Family Counsellors—rural**

Confidential counselling and personal support for any individual couple or family group (a free service)

**Central Agcare** (includes Wickiepin, Pingelly, Kulin, Brookton, Quairading, Narambeen and Hyden) 9063 2037

Corrigin, 9061 1840

Bruce Rock

**Southern Agcare** 9827 1552

Noongar counselling, Broomehill, Katanning, 0427 241 381

Wagin, Gnowangerup, Tambellup & Woodanilling 0429 323 006

Kojonup, Wagin, Woodanilling

Cranbrook, Gnowangerup Jerramungup, 0488 548 588

Mount Barker, Tambellup, Denmark, Katanning, Kojonup and Kent

Lake Grace and Dumbleyung, 0427 441 459

**Wheatbelt Agcare** (Nungarin & Districts) 9046 5091

**Morawa Family Counselling** 9971 1030

**Geraldton Family Counselling** 9921 4477

**Geraldton Centrecare** 9921 1433

**Family Relationship AdviceLine** 1800 050 321

Monday to Friday 8.00 am to 8.00 pm  
Saturday 10.00 am to 4.00 pm (except National public holidays)

**Relationships Australia (WA)** 1300 364 277

Counselling, relationship education, family dispute resolution, community development

**Rural Community Support Service**

Lower wheatbelt/Great Southern (Narrogin) 9881 0790

South West Region (Busselton) 9754 2052

## Counselling & Support

**Ancillary Services**

**Avon Youth Services** 9622 2612

(Areas between Merredin, Moora and Narrogin)

Support information and referrals for young people, young mothers and their families in life issues

**Community Drug Service Team**

Counselling for people and their families experiencing drug or alcohol problems

Great Southern 9842 8008

MidWest / Murchison 9956 2424

Wheatbelt

Northam 9621 1055

Narrogin 9881 1999

South West 9721 9256

**Centrelink** (Dept of Human Services)

Social worker 131 794

TTY 1800 810 586

**Mental Health Services**

Free confidential service for people of all ages

Albany 9892 2440

Bunbury 9722 1300

Busselton 9754 0560

Geraldton 9956 1999

Narrogin 9881 0700

Wheatbelt 9621 0999

After Hours (Rurallink) 1800 552 002

TTY 1800 720 101

**Share & Care Community Services** 9622 2828

Emergency relief, family assistance, financial counselling, home support service, women's refuge. Available to people of the Coastal, Wheatbelt and Upper Great Southern regions.

**Carers WA** 1800 242 636

Provides a "safe place" to express emotion, needs & wants.